

January 2021

www.harlestonneighbor2neighbor.com

Happy New Year everyone!

We hope you are staying healthy and that we will be able to get together in person in the near future once everyone gets their COVID-19 vaccine! SC is currently distributing vaccines in Phase 1A, which includes many of our members - health care workers and those over the age of 70. You can schedule your vaccine with any of the distribution facilities listed here:

- **Roper St. Francis:** Residents 70 or older affiliated with Roper St. Francis can make an appointment by calling their primary care doctor or by calling 843-727-3627.
- **MUSC:** Residents 70 or older affiliated with MUSC can make an appointment by calling their primary care doctor or by using: <https://mychart.musc.edu/>
- **Franklin C Fetter Health Center**
- **Doctor's Care Centers**
- **Harris Teeter, Publix and Walgreens Pharmacies**

Join us for "Wine and Conversation" with Bert Keller

Please join us on Wednesday, February 10th at 5:00 pm. Charleston's own Bert Keller will be leading us in a (virtual) conversation on some relevant topics. Wine is BYOB. Be on the lookout for a flyer.



Our fellow Villages have invited us to join in on their virtual events:

From Village Movement California: CAREGIVING FOR A LOVED ONE with Dr. Donna Benton Thursday, January 28th 1:00 to 2:00 PM. This is the first of a four part series on family caregivers and villages. Dr. Donna Benton, Director of the USC Family Caregiver Support Center, professor at USC Leonard Davis School of Gerontology, and member of the Master Plan for Aging's Stakeholder Advisory Committee, will share the opportunities and challenges we face today.

Get more information and register: [here](#).



From Clayton Valley Village: Zoom Lunch and Learn: Energy Medicine for Dementias and Pain. Thursday, Feb 4 3:00 to 4:00 PM. Due to recent dramatic advances in the rapidly emerging field of light medicine, it is now possible to help people with dementias such as Alzheimer's disease, Parkinson's disease, stroke, traumatic brain injury, multiple sclerosis as well as most conditions where pain is difficult to manage. In this presentation Dr. Saputo will review what light medicine is, how it works, the conditions it can treat, and where you can get this effective, safe, and affordable treatment today. RSVP: <https://claytonvalley.helpfulvillage.com/events/1430-engery-and-medicine> or call 925-626-4111. A zoom link will be mailed to you a couple of days before the event.

Stay up-to-date on scheduled upcoming public events at: <https://www.claytonvalleyvillage.org/events>

Things to do (virtually) around town:

Goings on at the Gibbes:

February 4, 2021 @ 2:30 PM - 3:30 PM Virtual Curator-Led Tour: In Body and Soul with Curator Sara Arnold [Click here to join the tour.](#)

February 11, 2021 @ 2:00 PM - 3:00 PM Virtual Flower Demo with Gretchen Cuddy: Learn tips and tricks from Gretchen Cuddy to create a stunning centerpiece in this interactive virtual demonstration. Cost \$5/member, \$10/non-member. [Register here.](#)

COVID-19 Resources

Please be sure to access our updated COVID-19 resources on our website. Information is being updated on a regular basis: <http://www.harlestonneighbor2neighbor.com/resources-2/>

HN2N Calendar Update

As a the weather cools and the COVID-19 numbers are going up, Harleston Neighbor-2-Neighbor is postponing all in-person events until further notice.

Date	Virtual Event	Time
Jan 28	Village Movement California Caregivers program	1:00-2:00 PM
Feb 4	Curator-Led Tour of the Gibbes	2:30-3:30 PM
Feb 4	Clayton Valley Village Zoom Lunch & Learn	3:00-4:00 PM
Feb 10	"Wine and Conversation" with Bert Keller	5:00-6:30 PM *HN2N Program*
Feb 11	Virtual Flower Demo from the Gibbes	2:00-3:00 PM

HN2N is a certified 501(c)3 non-profit. Any donations are fully tax-deductible.