



July 2018

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SATURDAY, SEPT. 22 SEMINAR ON MEDITATION AT GAGE HALL

The next education seminar in our Saturday morning series in Gage Hall will be 9 a.m.-12, Saturday, September 22. The topic will be meditation, and the speaker will be Gary Smith, who has been the facilitator of a meditation group in Charleston and taught mindfulness in local schools for four years. This program will offer information on the benefits of meditation and mindfulness, how to begin a personal program, and where one can find local resources and participate as a beginner. Gary will also suggest articles and books to help you get started. For more information contact Thu Leshner at 843-408-6783 or email dtlesher@gmail.com.

HN2N STRATEGIC PLAN IMPLEMENTATION

In keeping with our new strategic plan to promote the growth of the organization, we want to expand the HN2N Board, which currently has 5 members, and create two committees, one for programming and another for communications. Board members have been reaching out to neighbors who have expressed interest in the past to confirm their willingness to serve. If you would like to be included or would like more information, contact John Milkereit at 843-722-1185 or johnmilkereit@me.com.

2nd WEDNESDAY NEIGHBORHOOD HAPPY HOURS—July 11, Aug. 9

Thanks to generous support of the management team at Sixty Bull Cafe, HN2N is continuing to sponsor the popular Second Wednesday Neighborhood Happy Hours starting at 5:00 p.m. The objective has always been to get neighbors together to get to know each other and to celebrate our friendly neighborhood where people can age in place. There's no formal program. It's a warm friendly social gathering where neighbors can meet, sometimes for the first time. For more information contact John Milkereit at 843-722-1185 or johnmilkereit@me.com.

HN2N SUPPORTS FISHER HOUSE NEIGHBORHOOD OPEN HOUSE

Many Harleston Village neighbors enjoyed the June 14 Open House at Fisher House, celebrating the program that provides free lodging for families of veterans while under treatment at the VA medical center. HN2N board members were volunteers, welcoming and registering guests. HN2N is also encouraging neighbors to donate bags of snacks for those staying at Fisher House.